



## Videos (german)

(click on a link to view video)

[Magic Ring](#)

[Amigurumi Basics](#)

[Nana Teil 1 - Legs](#)

[Nana Teil 2 - Body](#)

[Nana Teil 3 - Arms, Head](#)

[Nana Teil 4 - Breasts](#)

[All English Video](#)

## Crochet Pattern \* Nana by Niki de Saint Phalle

On the 22nd of May 2012 we remember the death of artist [Niki de Saint Phalle](#) ten years ago. This memory and the International Women's Day on 8th of March made me create this crochet Nana.

Spread the word and this tutorial and share your colorful Nana - in our facebook groups ([nadelspiel](#), [knitaholics](#)) as a message of pure joy of life!

**Material:** Whatever you like to use, it defines the size of the Nana

I used **Omega by LANG Yarns** (Microfibre, 130 m per 50 g), 1 ball of yarn for main color, leftovers for other colors  
The finished Nana will have a size of appr. 33 cm (Omega), appr. 40 cm (Omega+) and appr. 25 cm (Omega Baby)

**Hook size:** 3 mm (Omega+), 2,5 mm (Omega), 2 mm (Omega Baby)

Crochet **amigurumi-like** in spiral rounds without slip stitch at the end of rounds, without turning chains at the beginning. You may (and should) mark the beginning of your rounds with a little piece of yarn or any other marker. I worked the tutorial in a way, that **no sewing** is necessary. Just the breasts are sewed onto the body.

Unless otherwise defined, „stitch“ means „single crochet“.

### Leg (2x) Main Color

**Round 1** Magic Ring with 4 single crochets

**Round 2** Double every 2nd stitch (=work 2 single crochets into 1 stitch) =>6 stitches

**Round 3** Double every 3rd stitch =>8 stitches

**Round 4** 1 stitch into every stitch

**Round 5** 3 x 1 single crochet, 2 half double crochets each into the next 2 stitches, 3 x 1 single crochet (forming the heel) =>10 stitches

**Round 6** 3 x 1 single crochet, 4 x 1 half double crochet, 3 x 1 single crochet

**Round 7** repeat round 6

**Round 8** Decrease: Crochet together every 4th and 5th stitch =>8 stitches

**Round 9** Double every 4th stitch =>10 stitches



## Tipps & Tricks

Help and advice can be found in our (english)

[Facebook](#)  
[Gruppe „knitaholics“](#)

To form the calf work the increases up to and including round **15** roughly centered above the heel and with half double crochets.

**Round 10** *Increase 2 stitches =>12 stitches*

5 x 1 single crochet, 2 half double crochets into the next stitch, 1 half double crochet, 2 half double crochets into the next stitch, 2 x 1 single crochet

**Round 11** *Increase 2 stitches =>14 stitches*

6 x 1 single crochet, 2 half double crochets into the next stitch, 2 x 1 half double crochet, 2 half double crochets into the next stitch, 2 x 1 single crochet

**Round 12** 1 stitch into every stitch (single crochets on single crochets, half double crochets on half double crochets)

**Round 13** *Increase 2 stitches =>16 stitches*

7 x 1 single crochet, 2 half double crochets into the next stitch, 2 x 1 half double crochet, 2 half double crochets into the next stitch, 3 x 1 single crochet

**Round 14** *Increase 2 stitches =>18 stitches*

8 x 1 single crochet, 2 half double crochets into the next stitch, 3 x 1 half double crochet, 2 half double crochets into the next stitch, 3 x 1 single crochet

**Round 15** *Increase 2 stitches =>20 stitches*

10 x 1 single crochet, 2 half double crochets into the next stitch, 3 x 1 half double crochet, 2 half double crochets into the next stitch, 3 x 1 single crochet

**Round 16** 1 single crochet into every stitch

To form the knee work 4 half double crochets (instead of singles) on the opposite side of the heel in rounds **17** + **18** + **19**  
The following decreases are worked roughly centered above the calf.

**Round 17** *Decrease 2 stitches =>18 stitches*

2 x 1 single crochet, 4 x 1 half double crochet, 5 x 1 single crochet, crochet together 2 stitches, 1 single crochet, crochet together 2 stitches, 4 x 1 single crochet

**Round 18** *Decrease 2 stitches =>16 stitches*

2 x 1 single crochet, 4 x 1 half double crochets, 4 x 1 single crochet, crochet together 2 stitches, 2 x 1 single crochet, crochet together 2 stitches, 2 x 1 single crochet

**Round 19** *Decrease 2 stitches =>14 stitches*

2 x 1 single crochet, 4 x 1 half double crochets, 4 x 1 single crochet, crochet together 2 stitches, 1 single crochet, crochet together 2 stitches, 1 single crochet



by Frau Wo aus Po

## Gallery

Show us YOUR Nana! We have a [group album for Nanans](#) in our (german) [facebook group](#).

**The following increases are worked above the calf with a few stitches distance (single crochets only)**

**Round 20** Increase 2 stitches =>16 stitches

10 x 1 single crochet, double the next stitch, 1 single crochet, double the next stitch, 1 single crochet

**Round 21** Increase 2 stitches =>18 stitches

9 x 1 single crochet, double the next stitch, 3 x 1 single crochet, double the next stitch, 2 x 1 single crochet

**Round 22** Increase 2 stitches =>20 stitches

11 x 1 single crochet, double the next stitch, 2 x 1 single crochet, double the next stitch, 3 x 1 single crochet

**Round 23** Increase 2 stitches =>22 stitches

11 x 1 single crochet, double the next stitch, 3 x 1 single crochet, double the next stitch, 4 x 1 single crochet

**Round 24** Increase 2 stitches =>24 stitches

15 x 1 single crochet, double the next stitch, 3 x 1 single crochet, double the next stitch, 2 x 1 single crochet

**Round 25** Increase 2 stitches =>26 stitches

15 x 1 single crochet, double the next stitch, 5 x 1 single crochet, double the next stitch, 2 x 1 single crochet

**Round 26** Increase 2 stitches =>28 stitches

17 x 1 single crochet, double the next stitch, 2 x 1 single crochet, double the next stitch, 5 x 1 single crochet

**Round 27** Double every 7th stitch =>32 stitches

**Round 28** 1 single crochet into every stitch

**Round 29** Double every 8th stitch =>36 stitches

**To form the outer sides of the thighs a little bit higher, work 8 x 1 half double crochets instead of singles in rounds 30 + 31 + 32 + 33 on the outer sides of the leg. Just place markers to the according area.**

**Round 30** 1 stitch into every stitch

**Round 31** Double every 9th stitch =>40 stitches

**Round 32 + 33** 1 stitch into every stitch

Finish with 1 slip stitch, cut yarn.

Work the 2nd leg accordingly (mirror!). Fill both legs up to half of the thigh firmly and thoroughly, form while filling.



by Ahörn Chen



by Anja Tremel

## Body

*Design the colors and evty. stitches of the body to your taste...*

**Add 10 single crochets on the top edge of one thigh for the crotch in a different color. Pay attention where the crotch is located!**

**Row 2** 8 single crochets (skip 1st and last)

**Row 3** 6 single crochets (skip 1st and last)

**Row 4** 8 single crochets (double 1st and last)

**Row 5** 10 single crochets (double 1st and last)

**Connect with the top edge of the 2nd thigh using 10 slip stitches. Pay attention how to relate the 2 legs to each other!**

Now work **1 round of single crochets** over both legs and the crotch stitches. Start at the **back center** even if that means to start with a new thread. That will leave the little irregularities of the color changes on the back of the doll =>75 Maschen

**Round 2** Crochet together every 4th and 5th stitch =>60 stitches

**Round 3** 1 single crochet into every stitch

**Round 4** Double every 6th stitch =>70 stitches

**Round 5** 1 single crochet into every stitch

To form belly and butt cheeks work **10 x 1 half double crochet** (instead of singles) over the **front center** (for the belly) in rounds **6** to **10** and for the two butt cheeks on the back side 7 x 1 half double crochet each (instead of singles).

*Place markers for the appropriate areas.*

**Round 6** + **7** + **8** + **9** + **10** 1 stitch into every stitch

**Round 11** Crochet together every 6th and 7th stitch =>62 stitches

**Round 12** 1 single crochet into every stitch

**Round 13** Crochet together every 5th and 6th stitch =>50 stitches

**Round 14** Crochet together every 4th and 5th stitch =>44 stitches

**Round 15** + **16** + **17** + **18** 1 stitch into every stitch

**Round 19** Double every 4th stitch =>55 stitches

**Round 20** 1 half double crochet into every stitch, double every 5th stitch =>66 stitches

**Round 21** + **22** 1 single crochet into every stitch



by Astrid Schafer



**Fill the body up to the waist, form while filling.**

*Continue with main color*

**Round 23** 1 single crochet into every stitch

**Round 24** Single crochets, chain 12 and skip 6 stitches on both sides for the arms

**Round 25** 1 double crochet into every stitch, 1 single crochet into every chain => 77 stitches  
3 x 1 double crochet, 12 x 1 single crochet, 29 x 1 double crochet, 12 x 1 single crochet, 20 x 1 double crochet, double the last stitch

**Round 26** 1 stitch into every stitch (single crochet on single crochet, double crochet on double crochet)

**Round 27** Continue with single crochets; crochet together every 6th and 7th stitch => 66 stitches

**Round 28** Crochet together every 5th and 6th stitch => 55 stitches

**Round 29** Crochet together every 4th and 5th stitch => 44 stitches

**Round 30** Crochet together every 3th and 4th stitch => 33 stitches

**Round 31** Crochet together every 2th and 3th stitch => 22 stitches

Pull the last stitch to a long loop. Body and head will be continued after arms & breasts.

### Arm (2x) Main color

Work **20 single crochets** around the opening of one arm.

**Round 2 + 3 + 4 + 5 + 6** 1 stitch into every stitch - single crochets on the lower part (side of the armpits), half double crochets on the upper part (to form the upper arms)

**Continue with single crochets only**

**Round 7** Crochet together every 4th and 5th stitch => 16 stitches

**Round 8** 1 stitch into every stitch

**Round 9** Crochet together every 3th and 4th stitch => 12 stitches

**Round 10** 1 stitch into every stitch

**Round 11** Double every 3rd stitch => 16 stitches



by Christine Dieling



by Daniela Seeger

**Round 12 + 13 + 14** 1 stitch into every stitch

**Round 15** Crochet together every 7th and 8th stitch => *14 stitches*

**Round 16** Crochet together every 6th and 7th stitch => *12 stitches*

**Round 17** Crochet together every 5th and 6th stitch => *10 stitches*

**Round 18** Crochet together every 4th and 5th stitch => *8 stitches*

**Round 19** Double every 4th stitch => *10 stitches*

**Round 20 + 21** 1 stitch into every stitch

**Round 22** Crochet together every 4th and 5th stitch => *8 stitches*

**Round 23** Crochet together every 3rd and 4th stitch => *6 stitches*

**Round 24** One more single crochet into the middle of the remaining stitches, slip stitch, cut yarn.

Work the 2nd arm accordingly (mirror!)

Fill and form both arms firmly and thoroughly. The body filling will be continued later (after attaching the breasts).

### Breast (2x)

You may work the breasts just with stripes or you may design them differently. Two examples here, one with a heart and one with a spiral.

#### With Heart

**Round 1** Work into magic ring: 1 single crochet, 1 double crochet, 1 triple (treble) crochet, 1 double crochet, 1 half double crochet, 1 single crochet, chain 3, 1 single crochet, 1 half double crochet, 1 double crochet, 1 triple crochet, 1 double crochet, 1 slip stitch into the ring;

Pull starting thread tightly, tie a knot with starting and ending thread, cut yarn.

**Round 2** Start 4 stitches to the right from top center: 1 single crochet; into the next stitch: 2 single crochets; 1 half double crochet; into the top center 1 double crochet; into the next stitch 1 half double crochet; 2 x 2 single crochets, 1 half double crochet; into the next stitch: 2 double crochets; into the tip: 1 single crochet; into the next stitch 2 double crochets; 1 half double crochet; into the next stitch: 2 single crochets; 1 slip stitch

**Round 3** 1 single crochet into every stitch

**Round 4** 1 half double crochet into every stitch



**Round 5** Alternating: 1 single crochet, 2 single crochets

**Round 6** 1 single crochet into every stitch

**Round 7** 1 half double crochet into every stitch

### With Spiral

**Round 1** Magic ring with 14 single crochets, pull starting thread tightly, close round with 1 slip stitch into 1st stitch

**Round 2** (*same color*) 1 turning chain + 1 single crochet, 1 half double crochet; into the next stitch: 2 double crochets, pull the last stitch very long, leave it unfinished, continue with next color

(*next color*) in the same stitch, where you worked the last 2 double crochets: 1 slip stitch; into the next stitches: 1 single crochet, 1 half double crochet, 1 double crochet, pull the last stitch very long, leave it unfinished, continue with next color

**Repeat with 3 more colors**

**Round 3** (*continue with the first color*) 4 x 1 double crochet, pull the last stitch very long, leave it unfinished, repeat with every color

**Round 4** (*start over with 1st color*) 1 double crochet, 1 half double crochet, 1 single crochet, 1 slip stitch, cut yarn. Repeat with every color, aber last one, don't cut yarn, continue...

**Round 5** Alternating: 1 single crochet, 2 single crochets

**Round 6** 1 single crochet into every stitch

**Round 7** 1 half double crochet into every stitch

*Hide the yarn ends inside the breasts and fill them. Place them with little pins and sew them to the body with tiny stitches.*

*Now fill the rest of the body. It's a little more tricky now to continue, but you are almost done!*

### Body (continue) and Head

*Pick up the last stitch you left with the body and continue with the main color (I start over with round number 1), single crochets only from now on*

**Round 1** Crochet together every 10th and 11th stitch => 20 stitches

**Round 2 + 3 + 4** 1 single crochet into every stitch



Enjoy & have fun - wish you [lila](#) & [eliZZZa](#)

[nadelspiel.com](#)  
[knitaholics.com](#)  
[knitaholics.net](#)

**Round 5** Double every 5th stitch =>24 stitches

**Round 6** Double every 4th stitch =>30 stitches

**Round 7 + 8 + 9 + 10 + 11** 1 single crochet into every stitch

**Round 12** Crochet together every 4th and 5th stitch =>24 stitches

**Round 13** Crochet together every 5th and 6th stitch =>20 stitches

**Round 14** Crochet together every 3rd and 4th stitch =>15 stitches

**Round 15** Crochet together every 2nd and 3rd stitch =>10 stitches

**Round 16** Jewels Crochet together every 2 stitches until the hole is so small, that there a no more stitches possible; work 1 slip stitch across, chain 1, cut yarn.

*Sew in all yarn ends.*

